



KINGS OAK

— HIGH BEACH —



LOVE, LAUGHTER
SONG & DANCE
SHARE & CELEBRATE



SHARING PLATES

Garlic bread, olives, caper berries	V	£10.25
<i>garlic baguette, olive oil, balsamic</i>		
Tiger prawns pil pil	GF	£14.95
<i>six tiger prawns in garlic chilli oil</i>		
Steamed edamame	V V GF	£9.50
<i>rock salt & chilli</i>		
Ploughmans	V	Cheese £13.95
<i>3 artisan cheeses or handcut honey roast ham,</i>		
		Ham £14.95
<i>chutney, pickles, crackers, crusty bread</i>		Mixed £17.95
Tortilla nachos	GF	£15.95
<i>chilli con carne, guacamole, cheese</i>		
Vegetarian Tortilla Nachos	V GF	£14.95
<i>Guacamole, cheese, sour cream</i>		
Vegan bites	V V	£16.50
<i>Vegetable nuggets, spring rolls, falafel balls, dips</i>		

STARTERS

Chefs seasonal soup	V V GF	£7.50
<i>crusty bread</i>		
Chicken liver pâté		£8.95
<i>home-made chutney, crusty bread</i>		
Tandoori chicken wings	GF	£10.50
<i>garlic yoghurt</i>		
Deep fried scampi		£11.50
<i>tartare sauce</i>		
Salt & pepper squid		£12.50
<i>sweet chilli dip</i>		
Home-made fishcakes		£10.95/£14.50
<i>rocket salad, sweet chilli salsa</i>		
Deep fried brie		£9.50
<i>mixed leaf & cranberry</i>		

SALADS

Caesar salad		£9.95/£12.95
<i>romain heart lettuce, fresh anchovies, parmesan</i>		
<i>with chargilled chicken</i>		£13.95/£15.95
Warm goats cheese salad	V	£11.95/£15.45
<i>Roasted sweet potato, pine nuts, beet sauce</i>		
Warm jersey royal potato, mixed bean salad	V V GF	£9.95/£12.95
<i>Olive oil, lemon, red onion, mint</i>		
with chargilled chicken	GF	£13.95/£15.95

BAGUETTES all at £11.95

Chicken, bacon & avocado	
Sausage & onion / Vegan sausage & onion	V V
Fried egg & bacon	
Honeyroast ham with cream cheese & cucumber	
Brie, avocado & sundried tomato	V

FRESHLY COOKED ROASTS
SERVED ALL DAY SUNDAY

Adults £18.95 Children £9.95

A choice of freshly cooked roasts with yorkshire pudding
roast potatoes, seasonal vegetable & gravy

Vegan & vegetarian option available

V vegetarian V vegan GF gluten free

Please inform bar staff if you require a Vegan or Gluten Free option when ordering your meal at the bar

PASTA

Spaghetti bolognese	£11.95/£14.95
<i>parmesan shavings</i>	
King prawn linguini	£14.95/18.95
<i>garlic & herb butter</i>	
Mediterranean pasta	£10.95/£13.95
<i>cherry tomatoes, spinach, garlic herb oil</i>	

MAINS

Flat breads	£15.50
<i>fired haloumi cheese V or slow roast lamb, warm flat bread, chopped salad, tzatziki</i>	
KO burger	£15.95
Cheese £16.95 - Cheese & bacon £18.95	
<i>good sized angus burger, red onion, tomato, dill pickle, kings chips</i>	
KO chicken burger	£16.25
Cheese £16.95 - Cheese & bacon £18.95	
<i>grilled breast of chicken, red onion, tomato, dill pickle, kings chips</i>	
Sausage & mash/Vegan sausage & mash	V V £13.95
<i>onion gravy</i>	
Fish & chips	£18.50
<i>fresh battered fish, minted peas, tartare sauce, kings chips</i>	
Ham, egg & chips	GF £14.50
<i>Hand cut ham, free range eggs, kings chips</i>	
Grilled salmon teriyaki	£18.50
<i>vegetable stir fried noodles</i>	
Chefs homemade curry	GF £15.95
<i>Seasonal variation with rice, mango chutney, flatbread</i>	
Vegan chick pea curry	V V GF £14.95
<i>rice, mango chutney, flatbread</i>	
Chefs pie of the day	£15.95
<i>seasonal veg</i>	
Stuffed baked aubergine	V V GF £14.95
<i>tomato, onion & garlic sauce with rice</i>	
Grilled lamb cutlets	GF £20.25
<i>garlic mash, spinach</i>	
Scotch strip sirloin (10oz)	£30.50
<i>fresh spinach & onion rings</i>	
Scotch sirloin steak (10oz)	GF £30.50
<i>kings chips, tossed leaf salad</i>	
<i>Steak sauces:</i> garlic butter/peppercorn/stilton	£2.00
Breaded chicken escalope	£18.95
<i>rocket, french fries & garlic herb butter</i>	
Fried egg on top	£2.95

SIDES

Kings chips, garlic herb mayo	£5.60	Sauteed spinach	£4.25
Kings chips, melted cheese	£6.60	Skinny chips	£4.95
Garlic bread	£4.95	Sweet potato fries	£4.95
Garlic bread, melted cheese	£5.75	Mixed leaf salad	£4.95
Minted peas	£3.95	Tomato & red onion	£4.95

DESSERTS

Seasonal cheesecake	£8.25	Sticky toffee pudding	£8.75
<i>whipped cream</i>		<i>butterscotch sauce, vanilla ice cream</i>	
Homemade apple & blackberry crumble	V	£8.75	
<i>warm custard</i>			
Mixed homemade ice cream / sorbets	GF	£7.95	
Chocolate orange torte	V V GF	£8.25	
<i>raspberry coulis</i>			
Cheese & biscuits	V	£13.95	